

Video Competition: Reclaiming 'Normal'

The Independent Living Resource Center San Francisco, an organization focusing on the rights of people with disabilities, invites one and all to enter a video competition to help commemorate the 20th anniversary of the Americans with Disabilities Act.

The theme of the competition is **Reclaiming 'Normal'**

Disability is a natural – and “normal” – part of the world we live in; a world that belongs to all of us. It is a part of the collective human experience. Disability is not special; it's a part of life. Let's reclaim the word “normal.”

Guidelines:

Submit a short video (less than 10 minutes) addressing the statement: “Disability is a NORMAL part of the world we live in.” Submissions can be short docs, candids, scripted scenes, animated shorts, music videos, editorials....we want to see **YOUR** version of people with disabilities **Reclaiming Normal**.

This competition is open to everyone. There are no age limits or geographic boundaries. You do not have to have a disability, yourself, to enter the competition. You do not have to be an expert film-maker to enter. ***You don't even need a video camera.*** You can make a short film and enter it in this competition if:

- You have access to a video camera, digital camera, or cell phone with video capabilities, *or*
- You have access to a web cam or a laptop with built-in camera, *or*
- You have access to simple software that enables you to make and edit a slide show from still photos. *This doesn't require a video camera*, and this software is not only free - it's already living on your computer. Macs come with Imovie as part of the standard bundle, and PC come with Windows Moviemaker. Both are easy, drag-and-drop programs.

Submission details

Individuals may submit as many entries as they like. To submit a video, go to the It's Normal Facebook Group at <http://tinyurl.com/27owl28> and either upload the video directly onto our wall or post a link to where you've uploaded your video on Youtube.

To be entered into the competition, entries must be submitted no later than June 10th, 2010.

Prizes

A panel of judges will name the Grand Prize winner, 2nd and 3rd place winners.

- Grand Prize: The Flip UltraHD 2 HR camcorder
- Second Prize: \$50 iTunes Gift Card
- Third Prize: \$25 iTunes Gift Card

Questions? Send an email with “Video Competition” in the subject line to lane@ilrcsf.org

